



ARTE VIVA
MANAGEMENT

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CURRICULUM VITAE

CARIN BESTER

ACTRESS



PLAYING AGE:	35 - 40
DATE OF BIRTH:	4 January 1984
PLACE OF RESIDENCE:	Cape Town, South Africa
NATIONALITY:	South African
ETHNICITY:	White / Caucasian
LANGUAGES:	Afrikaans & English
ACCENTS:	South African, American
HEIGHT:	1.74m
FRAME:	Medium
SIZES:	Clothing 34-36, Shoe 6-7
USUAL HAIR COLOUR:	Red
EYE COLOUR:	Blue
PERFORMANCE SKILLS:	Acting – stage & camera, voice overs
OTHER SKILLS:	Art Director, Props Master, Stylist Working with power tools
SPORTS & HOBBIES:	Running, cycling, netball, tennis
DRIVER'S LICENCE:	Yes

EXPERIENCE

COMMERCIALS				
Name & video link	Product	Production Co.	Director	Year
Kaergarden (Germany)	Butter	Navigator Films		2017
Pick 'n Pay (SA)	Grocery Store	Giant Films		2017
Warburtons (UK)	Bakery / Breads	Velocity		2014
Spur (SA)	Restaurant	Haas Advertising		2012
Optum (UK & US)	Health Care Technology	Gatehouse Commercials		2012

FILM & TELEVISION				
Title	Genre	Role (lead / support etc)	Director / Production Co.	Year
Spreeus	Series	Lanie (Cameo)	Marche Media	2019
Day Zero	48 Hour film project *Nomination: Best Ensemble Cast		Dir: Aiden Whytock	2017
Deluge	Indie Film	Jude	Dir: Wynand Louw	2017
Twee Grade van Moord	Film	Paramedic	Inverse Films Dir: Gerrit Schoonhoven	2016
Contours	Short Film	Sally Marshall	SA Indie Films Prod. Dir: Jacques Brown	2016
Bleeding Land	Indie Film	Elizabeth	Dir: Billings Siwila	2010
Ruben	Short Film	Rachel - lead	CPUT Film Dir: Gabbi Shires	2010

THEATRE & LIVE PERFORMANCE				
Production name	Role	Venue(s) / festivals	Company / Director	Year
Op die Pil en Op die Paal?	Various characters: One Woman Show	The Stage, Durbanville & KKNK	Dir: Suzaan Keyter	2013
Sonde met die Biere	Irma Ruiters	KKNK	Dir: Charles J Fourie	2013
Offer (Sacrifice)	Mev. Van Blerk	KKNK & New Africa Theatre	Dir: Charles J Fourie	2013
Die Soet Trane van Petrus Pansegrouw	Various male & female characters	KKNK & Aan die Braak Theatre	Dir: Charles J Fourie	2012
Trying	Multimedia Theatre	Out the Box festival & Inside Out Festival (CPT)	Dir: Rachel Wood	2011
What the Butler Saw	Mrs Prentice	Masque Theatre	Dir: Prof. Ralph Yarrow	2010

Dressed to Impress	Sharon	The Intimate Theatre	Dir: Jerome le Cordeur	2009
Witness for the Prosecution	The other woman	Masque Theatre	Dir: Brenda Gray	2008

EDUCATION & TRAINING

Meisner Technique (with Nicole Ritchie)	ACT Cape Town	2015
Voice Over & the Actor (with Grant Swanby)	ACT Cape Town	2011
Advanced Acting for Film (with Grant Swanby & Nicola Hanekom)	ACT Cape Town	2010
Acting & Directing Technique 1 & 2 (with Bonnie Rodini)	Rodini Films	2010
Acting for Camera (with Aletta Bezuidenhout & Tony Perris)	Screen Actors Studio	2009
Method Performance Certificate	Method Actors Training Centre	2006
Double year Method Performance Diploma	Method Actors Training Centre	2005

Agent: Arte Viva Management, Cape Town

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