



JANE MESSINA

ACTRESS

PLAYING AGE: 25 – 35

DATE OF BIRTH: 23 July 1990

PLACE OF RESIDENCE: Paarl, Cape Town
NATIONALITY: South African

ETHNICITY: Coloured / Mixed

LANGUAGES: English & Afrikaans (both fluent)
ACCENTS: Standard American & British

HEIGHT: 1.55m FRAME: Curvy

SIZES: Dress 18/42, Waist 115cm, Hips 129cm, Shoe 6

USUAL HAIR COLOUR: Dark Brown / Black EYE COLOUR: Dark Brown

PERFORMANCE SKILLS: Acting – Stage & Screen, improvisation, Dance – ballroom &

latin, singing (1st soprano), voice overs

OTHER SKILLS: Lyric writing, baking & sugar craft, TESOL certified SPORTS & HOBBIES: Yoga, swimming, rollerblading, indoor & field hockey

DRIVER'S LICENCE: Yes

THEATRE PERFORMANCE				
The Last Days of Judas Iscariot	Saint Peter	Atlantis Acting School	Dir: Tatiana Pandlani	2017
Extra Lesson	Girl	UCT	Dir: Genna Gardini	2012
Crepescular	Various	UCT	Dir: Mdundo Tshazibane	2010

FILM & TELEVISI	ON PERFORMANCE			
Neuro	Student Film	Natasha (supporting)	Dir: Dillan Lee Prins, AFDA	2018

VOCAL WORK & VOICE O	VERS		
Rumpelstiltskin	Voice-Over Artist	Children's Story	2019
https://vimeo.com/31935	55527		

EDUCATION & TRAINING		
Full Time Conservatory Program (2.5 years) including Voice & Speech,	Atlantic Acting School, New York	2015 - 2017
Acting for Stage & Film, Suzuki / Viewpoints, Alexander technique.		
Improv 1 & 2	United Citizens Brigade Improvisational & Sketch	2013
	Comedy Training Centre, New York	
Bachelor of Arts (Honours) - Drama	University of Cape Town	2012
Bachelor of Arts – Drama, English Language & Literature	University of Cape Town	2009 - 2011

AWARDS & ACHIEVEMENTS		
Merit Scholarships	University of Cape Town	2010 & 2011